



## Teacher Guide— Dissolved Oxygen in an Estuary



Featured NERRS activity:  
Elkhorn Slough National Estuarine  
Research Reserve  
<https://coast.noaa.gov/nerrs/reserves/>

### Activity Summary

In this activity, students investigate dissolved oxygen (DO) and its effects on aquatic life, with a particular focus on the chemical reactions that occur in an estuary. First, they are introduced to, and analyze data gathered from, water quality sensors in Narragansett Bay National Estuarine Research Reserve (NB-NERR), observing how DO and chlorophyll-a change from the surface to the bottom and consider the relationships between DO and temperature. Then, at the Elkhorn Slough NERR (ESNERR), they analyze DO data and speculate about how hydrodynamics, abiotic factors, and biological processes cause extreme fluctuations in DO in Azevedo Pond.

3. Recognize how processes such as photosynthesis, respiration, and decomposition affect dissolved oxygen.
4. Explain the role of these processes in daily or seasonal dissolved oxygen fluctuations in some estuaries.
5. Apply their knowledge of how hypoxia and anoxia occur, using data as evidence to explain the affect on estuarine animals.

### Grade Levels

Middle School 8th Grade

### Teaching Time

3 class sessions (55 minutes) + homework

### Learning Objectives

Students will be able to:

1. Explain the relationships between dissolved oxygen and water depth, chlorophyll-a and water depth, and dissolved oxygen and temperature.
2. Apply their knowledge of how these parameters interact during estuarine processes leading to phenomena such as eutrophication, algal blooms, and supersaturation-hypoxia fluctuations.

### Organization of the Activity

This activity consists of 2 parts which help deepen understanding of the chemistry of estuarine systems:

Dissolved Oxygen in Narragansett Bay  
What's Happening in Azevedo Pond?



## Featured NERR Estuaries

- Narragansett Bay National Estuarine Research Reserve, Rhode Island

<https://coast.noaa.gov/nerrs/reserves/narragansett-bay.html>

- Elkhorn Slough National Estuarine Research Reserve, California (Azevedo Pond)

<https://coast.noaa.gov/nerrs/reserves/elkhorn-slough.html>

## Background

In this activity students focus on the relationship between dissolved oxygen, plant growth, chlorophyll-a and temperature using SWMP water quality data from monitoring stations in the Narragansett Bay Estuarine Research Reserve and the Elkhorn Slough Estuarine Research Reserve. If your students have not studied the processes of photosynthesis or respiration, go over the equations as part of your introduction to the activity. What follows is additional background information on the concepts contained in this activity.

### Dissolved Oxygen

To survive, fish, crabs, oysters and other aquatic animals must have sufficient levels of dissolved oxygen (DO) in the water. The amount of dissolved oxygen in an estuary's water is a major factor that contributes to the type and abundance of organisms that can live there.

Oxygen enters the water through three natural processes: (1) diffusion from the atmosphere and (2) photosynthesis by aquatic plants, and 3) the mixing of surface waters by wind and waves can increase the rate at which oxygen from the air can be dissolved or absorbed into the water.

DO levels are influenced by temperature and salinity. The solubility of oxygen, or its ability to dissolve in water, decreases as the water's temperature and salinity increase. DO levels in an estuary also vary seasonally, with the lowest levels occurring during the late summer months when temperatures are highest.

Bacteria, fungi, and other decomposer organisms reduce DO levels in estuaries because they consume oxygen while breaking down organic matter.

Oxygen depletion may occur in estuaries when many plants die and decompose, or when wastewater with large amounts of organic material enters the estuary. In some estuaries, large nutrient inputs, typically from wastewater, stimulate algal blooms. When the algae die, they begin to decompose. The process of decomposition depletes the surrounding water of oxygen and, in severe cases, leads to hypoxic (very low oxygen) conditions that kill aquatic animals. Shallow, well-mixed estuaries are less susceptible to this phenomenon because wave action and circulation patterns supply the waters with plentiful oxygen.

Dissolved oxygen is critical for the survival of animals and plants that live in the water. Higher oxygen levels are one indicator of a healthier ecosystem. The more oxygen there is in the water, the healthier the ecosystem is. As the water temperature increases, the amount of oxygen that can dissolve in the water decreases. For example, fresh water at 0°C can contain up to 14.6 mg of oxygen per liter of water, but at 20°C, it can only hold 9.2 mg of oxygen per liter. Thus, seasonal water temperature (and dissolved oxygen) is an important indicator of habitat quality for many estuarine species.

Through a process called photosynthesis, plants remove carbon dioxide (CO<sub>2</sub>) from the water and emit oxygen (O<sub>2</sub>). Since CO<sub>2</sub> becomes carbonic acid when it dissolves in water, the removal of CO<sub>2</sub> results in a higher pH and the water becomes more alkaline, or basic. When algae naturally begin to increase in estuaries during the spring, pH levels tend to rise. An overabundance of algae (called an algal bloom) may cause pH levels in an estuary to rise significantly, and this can be lethal to aquatic animals.

Excessive plant growth and decay can cause significant increases in nutrients such as nitrogen and phosphorous in the water, a condition known as eutrophication. Eu-

trophication is sometimes a result of pollution sources such as the release of sewage effluent and run-off from lawn fertilizers into streams or rivers leading to the estuary. Eutrophication generally promotes excessive plant growth and decay, favors certain weedy species over others, and is likely to cause severe reductions in water quality due to a decrease in DO. A severe drop in DO from large algae blooms can effect the survival of fish, shellfish and other invertebrates.

When large algae blooms occur the water becomes cloudy, colored a shade of green, yellow, brown, or red.

DO is measured in milligrams per liter of water. DO percent saturation depends on temperature (and also elevation). Percent Saturation is the amount of oxygen dissolved in the water sample compared to the maximum amount that could be present at the same temperature. The graphs in this activity refers to mg/liter.

## Preparation

- Make copies of the *Student Readings* and *Student Worksheets*.
- Arrange for students to have access to online data either by obtaining a computer projector to present the data in front of the whole class or by arranging for student groups to view the data on individual computers.
- Download the PowerPoint—*Azevedo Pond* to a computer that can project in front of the class or onto computers the students can access directly.



Azevedo Pond

## Procedure

### Part 1 — Dissolved Oxygen in Narragansett Bay

1. Ask the students for their ideas about oxygen and life in estuaries. What conditions are necessary for organisms to survive in an estuary? You can list the responses on the board. How do organisms that live in the water extract oxygen for their use? How does oxygen enter estuary water? Prompt students to apply the concepts they may have already studied, such as solubility of gasses, photosynthesis and respiration, and interactions between the atmosphere, hydrosphere, and biosphere.

Strategy idea: Use “I know,” “I learned” as a strategy to collect their thoughts pre- and post-Student reading.

2. Have students read *Student Reading—Introduction to Narragansett Bay* and *Student Reading—Dissolved Oxygen in an Estuary*.

Have students fill in “I learned”.

3. Ask students to identify abiotic factors, such as Earth processes in an estuary, or biotic factors that could affect DO.

4. Introduce students to the Web site: <http://omp.gso.uri.edu/ompweb/doee/virtual/sensors.htm>. Give them time to explore the Viewing Windows for each site.
5. Explain that they will observe how dissolved oxygen, temperature, and chlorophyll-a change with depth for two different locations in the bay.
6. As a class or in groups, have students complete the *Student Worksheet—Dissolved Oxygen in Narragansett Bay*, collecting and analyzing data from the two sites: Pomham Rocks, a shore-based site, and South Prudence, situated further out in the Bay.
7. Have the students graph the data they have collected.
8. Discuss results and students responses.

## Materials

### Students

- ☐ Need to work in a computer lab or with a computer and projector
- ☐ Copy of Student Reading 1: Introduction to Narragansett Bay
- ☐ Copy of Student Reading 2: Dissolved Oxygen in an Estuary
- ☐ Copy of Student Reading 3: Introduction to Azevedo Pond
- ☐ Copy of Student Worksheet: Dissolved Oxygen in Narragansett Bay

Copy of Student Worksheet:  
Dissolved Oxygen in Azevedo Pond

### Teachers

- ☐ Bookmark the following sites in all computers:  
<http://omp.gso.uri.edu/ompweb/doee/virtual/sensors.htm>  
<https://coast.noaa.gov/swmp/#/index>  
<https://coast.noaa.gov/estuaries/science-data/>
- ☐ Download the power point presentation titled “Azevedo Pond” from the [estuaries.noaa.gov](http://estuaries.noaa.gov) site.

Equipment:

- ☐ Computer lab or
- ☐ Computer and Projector
- ☐ Graphing paper



## Part 2 — What’s Happening in Azevedo Pond?

1. Project the PowerPoint—*Azevedo Pond*, have students create a list of pond characteristics that they think might be a factor effecting the water quality at this site. Ask them to make a prediction about the water quality of this pond .
2. Have students read the *Student Reading—Introduction to Azevedo Pond*.
3. Have students complete the *Student Worksheet—Dissolved Oxygen in Azevedo Pond*. Students may need help interpreting the graphs, particularly if they are not in color.
4. Discuss results and student responses.

### Check for Understanding

- Discuss the following:
  - a. In general, what is the pattern of DO levels in a pond over the period of a single day?
  - b. In general, what is the pattern of chlorophyll-a in the same pond over the period of a single day?
  - c. What causes hypoxic conditions in an estuary?
- Have students compare DO levels at various sites within NERRS using the SWMP Data Tool. Download or let students download graphs using the System-wide Monitoring Data (SWMP) data to compare DO stability between an area where eutrophication is common (e.g. Childs River, Waquoit Bay NERR) and a well-flushed area (e.g. Menauhant). How are the DO levels different? Explain why differences occur.  
SWMP Data Tool: <https://coast.noaa.gov/>

### Optional Extension Inquiries

1. Use dissolved oxygen probes, if available, to measure DO and consider how it changes over time under various conditions. For example:
  - (1) take measurements of DO from water samples that include algae,
  - (2) expose the samples to direct light for about five days, and then measure DO again. (Samples can be collected from an estuary or created using tap water and Elodea.)
  - (3) take measurements of DO from a jar of just tap water and another jar with tap water and chopped green vegetables and monitor the DO in the jars over five days.
2. Analyze dissolved oxygen and chlorophyll-a data from sampling sites on Chesapeake Bay to identify conditions that caused fish kills and crab jubilees in the Bay during the summer of 2003.  
<https://coast.noaa.gov/estuaries/>
3. View an interactive video (click on “Lesson Plans” and find the video) about harmful algal blooms (HAB), and track recent algal blooms in Chesapeake Bay from the Maryland Department of Natural Resources Eyes on the Bay Site: <http://mddnr.chesapeakebay.net/>



## Teacher Worksheet with Answers

### Dissolved Oxygen in Narragansett Bay National Estuarine Research Reserve

#### Part 1 — Dissolved Oxygen in Narragansett Bay

##### Pomham Rocks

Depth (meters)	DO Saturation (%)	DO Concentration (mg/L)	Water Temperature (degrees C)	Chlorophyll (µg/L)
1				
3				
5				
7				
9				
11				<i>No reading at this depth</i>

##### South Prudence

Depth (meters)	DO Saturation (%)	DO Concentration (mg/L)	Water Temperature (degrees C)	Chlorophyll (µg/L)
1				
3				
6				
9				
12				
15				<i>No reading at this depth</i>

1. Why might there be differences in DO concentration at two different locations, at the same depth, within the same estuary?

*Answer: DO concentration can be influenced by factors, such as water temperature, turbulence caused by winds, waves, currents, and mixing, all factors that change from site to site.*

2. As depth increases, how does:

- DO concentration change? DO saturation?

*Answer: As you go deeper, DO concentration and DO saturation both decrease.* (Teacher Note: Oxygen dissolves in estuary water partly by diffusion from the atmosphere. This occurs mainly near the surface, DO is higher there. DO is also generated by turbulence in the water caused by currents, winds and waves and by mixing, which is greater near the surface. DO also decreases with depth because of increasing water pressure. DO is also generated by the photosynthesis of plankton and macroalgae (Seaweed), and plants that grow on the bottom. At greater depths, sunlight for photosynthesis decreases.)

- The temperature of the water change?

*Answer: As you go deeper, the temperature of the water decreases, though not smoothly.* (Teacher Note: Students may become confused by the fact that although water gets colder with depth, DO does not increase with these colder temperature. In these cases of changing depth, other factors must also be considered. Water pressure, which increases with depth, and reduced sunlight, which limits photosynthesis, are much stronger influences on DO than colder water.)

- Chlorophyll amounts change?

*Answer: As you go deeper, chlorophyll concentration decreases.* (Teacher Note: Less sunlight can penetrate the water at those depths. Therefore, less sunlight is available for photosynthesis.)

3. Graph your data for Temperature and DO and both sites, with Depth on the X axis.
4. What is the relationship between DO concentration and temperature?

*Answer: Generally, there is an inverse relationship. As temperature increases, dissolved oxygen decreases and as temperature decreases, dissolved oxygen increases. Water at colder temperatures can hold more dissolved oxygen.*



## Teacher Worksheet with Answers

### Dissolved Oxygen in Azevedo Pond

#### Part 2 — What's Happening in Azevedo Pond?

1. What are the features of Azevedo Pond that could affect dissolved oxygen? List them in the chart below and explain how they could affect dissolved oxygen.

Feature	Affect on Dissolved Oxygen
Shallow	<i>Most of the water will be close to the surface where oxygen will diffuse into the water, and light can probably penetrate the entire water column allowing for photosynthesis and creation of DO. However, light can probably heat the water column thoroughly, and temperatures that are too high will decrease DO.</i>
Restricted water flow	<i>The lack of much water exchange limits DO, because it keeps water from mixing and becoming aerated.</i>
High productivity of plankton	<i>Lots of photosynthesis will produce lots of DO, but if there is an overabundance of plankton, it may produce algal mats, especially if there is an excess of nutrients. When the algal mats die, they will decompose and this will consume oxygen.</i>
Large changes in temperature	<i>Can cause either a large increase of plant growth that increases DO, or a drop in temperature can cause massive die off of plant matter, subsequent decay and lowering of DO.</i>
Bordered by strawberry farm	<i>May receive a high amount of nitrates and phosphates from the fertilizers during rain runoff. These nutrients could cause algae blooms that will produce lots of oxygen, but which will eventually decay, consuming DO.</i>
Lack of tidal flushing	<i>Will mean not much mixing. Also means that nutrients and the algae will remain in the pond for longer periods of time, allowing for photosynthesis of algae blooms and creation of DO, but also decomposition of algal mats and eventual hypoxia.  Poor flushing causes thermal stratification, which further keeps water from mixing. Warmer waters closer to the surface may limit production of DO.</i>

2. Look at the graph of DO Concentration and PAR (photosynthetically available radiation—a synonym of visible light) for Azevedo Pond from March 13-16, 2016.

2a. What is the range of DO (green-line) for this period?

*Answer: From a high of about 15 mg/L to a low of 0 mg/L.*

2b. Describe the pattern of change in DO observed within a 24-hour period, (each day is starting at 1:00am.)

*Answer: DO rises and fall over the day and night relative to the time of day, higher during the daylight hours and lower at night. Suggesting a possible relationship with sunlight.*

2c. How does DO change in relation to PAR from day to day? Why do they exhibit this relationship?

*Answer: PAR and DO move up and down in parallel as you move through the day and into the evening.*

2d. Why do you think DO and PAR varied like this in Azevedo Pond during March 2016? Explain in terms of photosynthesis, respiration and the features of the pond that affect dissolved oxygen.

*Answer: Because the pond is poorly flushed by the tide, plankton and nutrients remain in the pond for long periods of time. The shallow water gets ample sunlight for algae and plants to photosynthesize throughout the water column, generating an abundance of DO. As PAR increases throughout the day, photosynthesis increases. This generates levels of oxygen that cause the water to be supersaturated, but only during the daylight hours. At night, the abundance of algae and the plants continues to respire, but without photosynthesis to balance the respiration. In darkness, the chlorophyll undergo respiration to the point where most of the oxygen is consumed and the water is hypoxic (the percentage of DO saturation is zero).*

3. What percent of each year has Azevedo Pond had hypoxic conditions? How does this compare with the other three sites?

*Answer: Each year, about 15-20% of the year or 1.8-2.4 months (54-72 days) have hypoxic conditions. Azevedo Pond is the only one of these sites that has had hypoxic conditions every year between 2006 and 2016.*

4. Look back at the map of the Reserve, why might you see this difference in the number of hypoxic events at the other sites?

*Answer: The other sites have greater tidal flow, less restriction of flow than Azevedo Pond*

5. How might this information be used by the Reserve Manager to address water quality issues at this site and others around the Elkhorn Slough Reserve.

*Answer: Answers may vary, possibly Managers would consider removing tidal flow impediments such as levees and culverts to restore flow to restricted sites, or employ some device for mixing the water.*